



Community Newsletter January 2026

Save the date!

Every Friday from 9th January - 27th March Warm Rooms free lunch

Saturday 24th January Orbis Group Care Recruitment Coffee Morning

Saturday 7th February Six Nations Rugby on the Big Screen:
Wales vs England

Wednesday 11th February Blood Donor Clinic

Sunday 1st March St David's Day Celebration

Friday 20th March St Patrick's Irish Night with Slipway Ukes

Saturday 30th May BBQ on the Patio

Wednesday 3rd June Blood Donor Clinic

Sunday 6th September Manorbier & District Village Show

Wednesday 23rd September Blood Donor Clinic

Friday 9th October 70s & 80s Dance Night with Martin Ryecroft

Every Thursday 5 - 7pm Fish & Chips in the car park from Celtic Catch

Every Friday 11.30am - 2pm Organic Mini Market

See giralduscentre.com/whatson or Facebook or our notice boards
for more details as they become available.



Tesco Stronger Starts - Blue Token Scheme

We're delighted to share that the Giraldus Centre has been chosen as one of the three local causes in Tesco's Stronger Starts Blue Token Scheme.

You can vote for us every time you shop at Tesco Pembroke Dock (Main store), Tesco Express, Tenby, and Tesco Express, Saundersfoot from mid-January to the end of March. Please **ask for a blue token** at checkout and drop it into our collection box in-store.

We're guaranteed to receive **£500**, but with enough blue tokens, this could increase to **£1,000**, or even **£1,500!**

The money received will be put towards running our **Warm Winter Welcome**, held every Friday lunchtime from 9th January to 27th March.

Thank you for your support!

Join the Giraldus Centre 100 Club Lottery

A great way to support your community and enjoy a monthly flutter!

For just **£5 a month**, you can enter our prize draw held on the last Friday of each month with **three cash prizes** to be won.

The prize fund will be 20% of membership fees paid each month, so the more members we get, the higher the prize money! If 100 people join, the prizes will be £50, £30 and £20 every month.

The remaining 80% of membership fees will help to fund the role of Centre Supervisor at the Giraldus Centre now that grant funding for this has ended, enabling us to continue to provide free-for-the-community events such as **Winter Warm Rooms** and the **Christmas Community Lunch** (pictured).



We already have over 60 members, so if you'd like to join them in the next draw, you can pick up a welcome letter and sign-up form from our foyer, or email or call us.



Fresh bread and veg every Friday

Have you visited our Organic Mini Market yet? Every Friday from 11.30am - 2pm, Manorbier's very own artisan baker Lucie Groves is in the foyer selling her irresistible, organic bread and cakes, along with Kate from Underwood Farm in Lamphey selling her freshly picked, organic veg and salad. It's a great opportunity to support local food producers, do your bit for the planet, and enjoy some tasty treats!

Hiring the Hall for Private Events

If you received this newsletter through your letterbox, then you're eligible for the discounted community hall hire rate of £18 an hour, including use of tables, chairs and the small kitchen with tea/coffee-making facilities, and parking and WiFi. If you'd like to hire the hall for a children's party or other celebration or family occasion, email your request to info@giralduscentre.com or leave a message on **01834 526115** and we'll get back to you straightaway.

New Drop-in Exercise Classes for 2026

Body Conditioning with Belinda Monday 10 - 11am, starts 12th Jan

Tone & strengthen your body with easy routines set to music

Yogasize with Helen Monday 2 - 3pm, starts 12th Jan

Chair-based, therapeutic Yoga movements

Yoga with Sarah Wednesday 10 - 11am, starts 21st Jan

For more info on all our classes, see giralduscentre.com/whatson#classes

Want to beat the winter blues, get fit and have fun with family and friends?

Then how about a game of pickleball, badminton or indoor tennis? You can hire our brand new court including use of rackets, bats, balls and shuttlecocks, with the net set up for play, for just £12 an hour. Instructions for playing pickleball are also provided.

There are times available every day from 7am to 10pm. To book an available time and pay, visit:

giralduscentre.com/hallhire#court



Under 18s must be accompanied by an adult.

A Warm Winter Welcome

Join us here at the Giraldus Centre every Friday from 9th January to 27th March, when we will be offering a free, hot lunch and advice on ways to stay warm, healthy and happy during the winter months. You can also choose to take part in our fun activities each week, or just sit back and have a chat.

No need to book, and everyone is welcome, so just come along, keep warm, and enjoy good company between 12.15 and 3pm.

Thank you!

During 2025, our brilliant team of volunteers has once again done an amazing job supporting the Centre and keeping everything running smoothly. Whether it's trips to the tip, setting up and clearing away at events, running stalls at the Village Show and Firework Night, helping out at Warm Rooms lunches, delivering the newsletter, or tackling lots of other jobs behind the scenes - we really couldn't do it without you.

A small group meets most Wednesdays to take care of practical jobs in and around the building. They're a friendly bunch and they'd love to welcome some new faces. If you can spare a bit of time, we'd be delighted to hear from you.

How to find us:

Giraldus Centre, Manorbier, SA70 7TN

What3words: ///dollar.bland.dolly

Facebook: Giraldus Centre Manorbier

Instagram: giralduscentremanorbier

Website: giralduscentre.com

Email: info@giralduscentre.com Tel: 01834 526115

LMS Plant Services and Recycling

For all:

- ◆ Garden Clearance
- ◆ Garden Landscaping
- ◆ Lawn and Turf
- ◆ Driveways

Contact: Matthew Thomas

M: 07388 320847

Approved contractors for:

Wynd Hill Hideaway Cottages
& Giraldus Centre Manorbier



Services include:

- Motor Insurance
- Home Insurance
- Travel Insurance
- more

Clock House, Main Street,
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